00200 Ineffective activity planning

Definition of the NANDA label

Risk of decreased cardiac (coronary) circulation.

Inability to prepare for a set of actions fixed in time and under certain conditions.

Related factors

- Oral contraceptives.
- Heart surgery.
- Cardiac tamponade.
- Spasm of the coronary artery.
- Mellitus diabetes.
- Drugs abuse.
- Elevation of CRP (C-reactive protein).
- Family history of coronary artery disease.
- Hyperlipidemia.
- Hypertension.
- Hypovolemia.
- Hypoxemia.
- Hypoxia.
- Lack of knowledge about modifiable risk factors (eg: smoking, sedentary lifestyle, obesity).
NOC

• Preparation of information.
• Self-care.
• Risk identification.
• Self-care.
• Healthy behavior.
• Responsibility.
• Control of vital signs.
• Laboratory control.

NIC

• Information management.
• Help in making health decisions.
• Favor family support.
• Promotion of the role.
• Promotion of healthy behavior.
• Prevention.
• Promote self-responsibility